

How to Help GCSC

Become a participant, volunteer, instructor and donor. GCSC needs your financial support to fund various programs and to pay for the facility. Please send your tax- deductible contribution (Check payable to GCSC) with your contact information -see below.

康鶴耆英中心贊助辦法

本中心為一非謀利文化團體, 凡舉辦各項活動與場地之使用, 所需費用皆賴各公私營機構及熱心公益個體捐助方得維持. 所有捐款皆可免稅, 深盼熱心公益人士慷慨解囊鼎力捐助, 支票請開GCSC, 並連同下表寄至:

Golden Crane Senior Center
P. O. Box 862
Danville, CA 94526

Supporter:

Address:

Telephone:



Direction:

1. I -680 North or South toward Alamo
2. Exit @ Stone Valley Road West toward Alamo Downtown,
3. Right to Stone Valley Road,
4. Left to Danville Blvd @Traffic Light, pass Seven Eleven store and a Two-story office building,
5. Right to Alamo Woman's Club Parking Lot @1401 Danville Blvd.



康鶴耆英中心
Golden Crane Senior Center

A place to
Learn new skills; to
Meet more friends; and to
Nurture our body, mind & spirit.

養習
性藝
修會
心友

Mailing Address: P. O. Box 862, Danville,
CA 94526

Website: www.goldencrane.org
(925) 820-0500

Program Location:
1401 Danville Blvd., Alamo, CA
94507

Golden Crane Senior Center

(GCSC), founded in July 2007, is a non-profit, non-political organization and is exempt from the United States federal income tax under Section 501 (C) (3) of the Internal Revenue Code.

GCSC's ID number is 41-2248260.

Our Mission:

1. To enrich and enhance the experience of all participants through exposure to Chinese culture and American traditions,
2. To promote the health and social well-being of participants and enhance their quality of life,
3. To provide resource information to seniors and other new comers,
4. To develop friendships of the participants,
5. To engage in charitable, educational, and community activities.

GCSC welcomes age 50 + seniors. Program activities are being offered at 1401 Danville Blvd., Alamo, CA 94507.

2012 Board of Directors/Officers:

Fragrance Liu, Chair
Cecilia Chan, Vice Chair
Theresa Wang, Secretary
Maria Wang, Treasurer

May Firman, Butterfly Lin & Stephen Lu
- Directors

康鶴耆英中心簡介

康鶴耆英中心, 于2007年七月在美國加州成立, 是美國政府登記有案之非政治, 非營利團體 (US-IRS -ID 41-2248260).

康鶴耆英中心成立之宗旨如下:

- (一) 透過對中華文化以及美國多元社會傳統方式的接觸, 以促進參與人士多元文化之潛能.
- (二) 提昇社區耆齡人士身心健康, 社會意識, 與生活品質.
- (三) 協助耆齡或新遷入社區人士之適應.
- (四) 通過藝術, 文化, 健身, 教育, 與社交活動, 以培養社區人士之情誼.
- (五) 從事慈善, 教育, 與社區活動

康鶴耆英中心目前採非會員制, 凡年在五十歲以上社區耆齡人士, 不分種族背景, 均歡迎參與本中心所舉辦之活動. 本中心租用Alamo 婦女俱樂部做為舉辦活動與課程之場所. 康鶴耆英中心歡迎社區人士與中心聯絡, 詢問, 並提供寶貴意見.

Operation:

Co-Directors, Amy Huang & Edith Hsieh
Committee Chairs:
Activity/Publicity, Eddie Lo/
Stephen Lu
Caring/Participating, Julie Wang/
Mayshu Shiow
Curriculum, Fragrance Liu
Front Desk, Theresa Wang
Finance/Fund Raising, May Firmam/
Butterfly Lin
San Ramon Senior Center Liaison, Jason Wu

課程活動項目 (星期一, 星期二)

太極拳, 元極舞, 六通拳, 關節操, 卡拉OK, 國畫班, 書法欣賞, 聯誼會, 合唱團, 學做菜, 麻將, 講座, 排舞, 舞蹈研習, 瑜珈伸展.



Programs & Classes (Monday & Tuesday)
Tai-chi, Yuan-Ji Dance, Karaoke Sing-along, Brush Painting, Calligraphy Appreciation, Chorus, Monthly Potluck, Cooking, Literature/Seminars, Dance workshop, Line Dance, & Yoga Stretch.

