

WHO WE ARE

GCSC is a non-profit/non-political organization and is exempt from the United States federal income tax under Section 501 (C) (3) of the Internal Revenue Code. GCSC's ID NO. is 41-2248260.

Our **Mission** is to improve and enhance seniors' quality of life by offering physical, mental and social wellness programs.

We strive to accomplish our **Mission** by:

- ❖ Developing programs based on Chinese and American cultures.
- ❖ Providing support to seniors at various stages of life.
- ❖ Facilitating resource information sharing among seniors and new immigrants.
- ❖ Promoting friendships and social networks among the seniors.
- ❖ Participating in charitable, educational and community service activities.

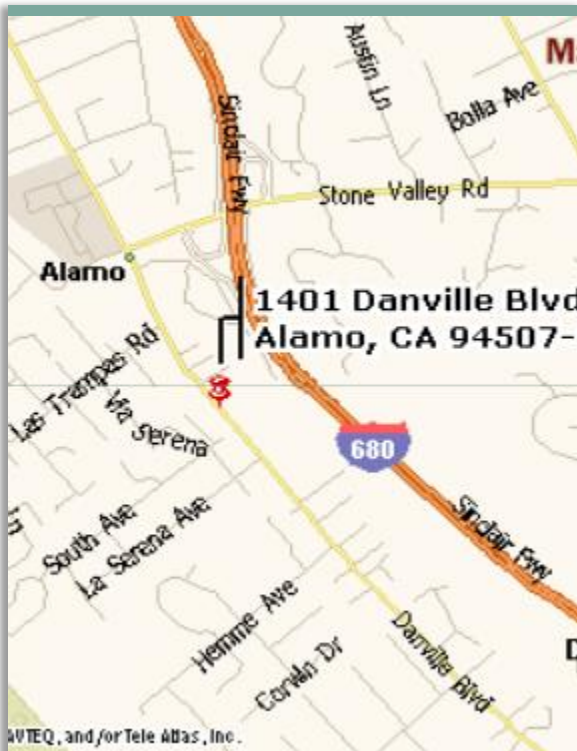
Mailing address:

PO Box 1314, Alamo, CA 94507

Contact:

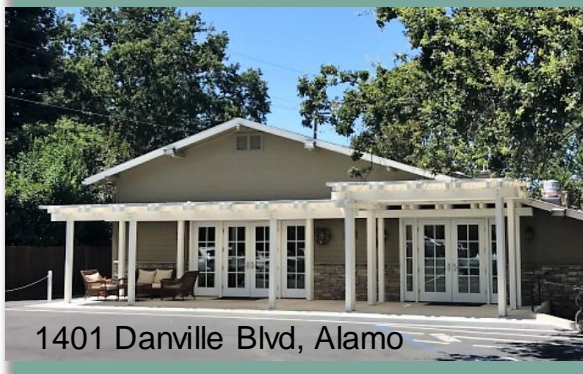
Executive Director Office
(925)-718-6222

Updated 7/31/2017



Direction:

- I-680 toward Alamo, CA
- Exit at Stone Valley Road WEST,
- Turn left on Danville Blvd at first traffic light,
- Pass ACE hardware and 7-Eleven stores,
- Turn right to Alamo Women's Club parking lot at 1401 Danville Blvd.



1401 Danville Blvd, Alamo



Golden Crane Senior Center

GCSC is a senior wellness organization founded in 2007.

- ❖ Offer programs for physical, mental and social wellness.
- ❖ Energize the youthful spirit.
- ❖ Enjoy family atmosphere.

**COME JOIN US
BECOME A MEMBER**

Program location:

1401 Danville Blvd,
Alamo, CA 94507
(925)-718-6222

Website:

www.goldencrane.org

BECOME A MEMBER

GCSC is a place to learn new skills, to meet more friends, to feel young, and to enjoy family atmosphere. If you are age 50 and over, welcome join us and become a member. Annual membership fee will be charged, there will be a drop-in class fee for non-members.

GCSC needs your financial support to fund various programs and rental for the facility. *Your membership, as volunteer, as instructor or as donor are essential for GCSC to continue its operations.*

GCSC relies mainly on donations from members with little government and corporate funding. And all staffs are volunteers.



Celebrating Year of the Rooster



Camera Club

PROGRAMS & CLASSES

(Mondays, Tuesdays & first Wednesday each month)

Fitness & Enrichment:

Tai Chi, Yuan-Ji Dance, Line Dance, Dance workshop, Yoga Stretch, Hiking Club, Music Workshop, Chorus, Karaoke and more.

Art and Literature :

Chinese Brush Painting, Chinese Calligraphy Appreciation, Photography, Origami, Seminars, Cooking Demo, Literature.

Social Programs:

Bi-Monthly Birthday and Special Event Celebrations, Community Service plus more.

Birthday celebration



COME JOIN THE FUN

Cooking Class



Chinese Brush Painting



Community Service



康鶴耆英中心

康鶴耆英中心于2007年七月在美國加州成立,是美國政府登記有案之非政治,非營利團體 (US-IRS-ID 41-2248260).

為了達成我們的宗旨我們將致力於

- 發展以中美雙方文化為根源的課程.
- 提供協助不同年齡階段的年長者.
- 擴展年長者及新移民資訊服務和網路連繫.
- 推動年長者之間的聯誼與社交網.
- 參與慈善性,教育性和社會服務性的活動.

慶祝新年活動



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Alamo 婦女俱樂部



康鶴耆英中心

我們的宗旨是提供與增進年長者健康,精神與社交三方面的生活品質.

- 習藝會友
- 養性修心
- 怡情健身

歡迎加入中心會員
參與所舉辦之活動與課程

活動與課程之場所:

1401 Danville Blvd,
Alamo, CA 94507
(925) 718-6222

www.goldencrane.org

歡迎加入中心會員

想培養更多的興趣或增進新的知識？結交更多的朋友？享受大家庭的溫暖嗎？歡迎加入本中心會員。

本中心為一非謀利文化團體，舉辦各項課程，活動與場地之使用，所需費用皆由熱心公益個體捐助及會員年費方得維持。深盼有心人士慷慨解囊鼎力捐助，所有捐款皆可省稅。所有課程均由熱心專長志願者免費指導教授。

凡年在五十歲以上社區耆齡人士，不分種族背景，均歡迎參與本中心所舉辦之活動與課程。中心會員每年只需繳納會員年費，非會員參與課程或活動均需繳納一些費用。

本中心租用 Alamo 婦女俱樂部做為舉辦活動與課程之場所。康鶴耆英中心歡迎社區人士與中心聯絡，詢問，並提供寶貴意見。

慶生會



攝影講座

中心課程活動項目

(星期一, 星期二及每月第一個星期三)

康樂健身：

太極拳，元極舞，排舞，舞蹈研習，關節操，合唱團，音樂教室，瑜珈伸展，易筋拍打，及卡拉OK等等。

養性修心：

攝影班，國畫班，書法欣賞，摺紙班，讀書會，講座，及學做菜等等。

社交活動：

慶生會，聯誼會，社區服務活動及健行等等。

元極舞



學習並分享快樂時光



國畫



社區服務活動



學做菜