

## Join & Support GCSC

Become a participant by paying annual registration fee (\$50) or drop-in fee (\$5/class, \$10/day) to attend all classes offered by GCSC. GCSC relies mainly on donations from participants with no government and corporate funding and all personnel are volunteers. Your financial support and volunteer services are essential to the continuing operations of GCSC. Please use the address and form below to send your inquiries or tax-deductible contribution (Check payable to GCSC) to us.

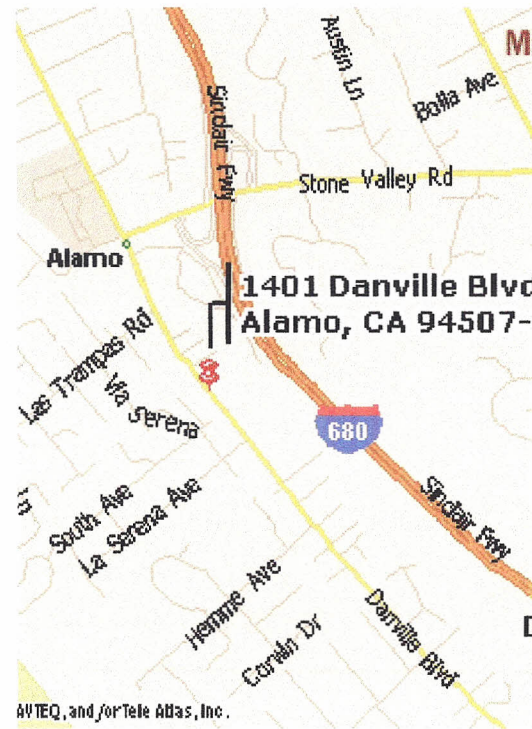
### 參與和贊助康鶴耆英中心

繳納年註冊費\$50 或隨堂繳費(每堂\$5, 全日\$10) 就可參與本中心所開課程. 本中心為一非謀利文化團體, 所需人力皆由義工擔任, 所需經費基本上皆賴參與者的捐助, 我們需要熱心人士給予人力或財力的支援. 請使用下列地址與表格與我們聯絡, 或寄上可免稅的捐款, 支票請開 GCSC.

**Golden Crane Senior Center**  
**P. O. Box 862**  
**Danville, CA 94526**

Supporter: \_\_\_\_\_  
Address: \_\_\_\_\_

Telephone: \_\_\_\_\_



### Direction:

1. I-680 North or South toward Alamo
2. Exit @ Stone Valley Road West toward Alamo Downtown,
3. Right to Stone Valley Road,
4. Left to Danville Blvd @Traffic Light, pass Seven Eleven store and a Two-story office building,
5. Right to Alamo Women's Club Parking Lot @1401 Danville Blvd.



## 康鶴耆英中心

*Golden Crane  
Senior Center*

A place to  
Learn new skills; to  
Meet more friends; and to  
Nurture our body, mind & spirit.

養習  
性藝  
修會  
心友

Mailing Address: P. O. Box 862, Danville,  
CA 94526

Website: [www.goldencrane.org](http://www.goldencrane.org)  
(925) 820-0500

**Program Location:**  
**1401 Danville Blvd., Alamo, CA 94507**

Updated 4/28/2014

## Golden Crane Senior Center

(GCSC), founded in July 2007, is a non-profit, non-political organization and is exempt from the United States federal income tax under Section 501 (C) (3) of the Internal Revenue Code.

GCSC's ID No. is 41-2248260.

### Our Mission:

1. To enrich and enhance the experience of all participants through exposure to Chinese culture and American traditions,
2. To promote the health and social well-being of participants and enhance their quality of life,
3. To facilitate resource information sharing among seniors and new comers,
4. To develop friendships among the participants,
5. To engage in charitable, educational, and community activities.

GCSC welcomes age 50+ seniors. Program activities are being offered @ 1401 Danville Blvd., Alamo, CA 94507.

### 2014 Board of Directors/Officers:

Stephen Lu, Chair  
Frank Kung, Vice Chair  
Maria Wang, Secretary  
Theresa Wang, Treasurer  
Cecilia Chan  
May Firman  
Fragrance Liu

## 康鶴耆英中心簡介

康鶴耆英中心, 于 2007 年七月在美國加州成立, 是美國政府登記有案之非政治, 非營利團體 (US-IRS -ID 41-2248260).

康鶴耆英中心成立之宗旨如下:

- (一) 透過對中華文化以及美國多元社會傳統方式的接觸, 以促進參與人士多元文化之潛能,
- (二) 提昇社區耆齡人士身心健康, 社會意識, 與生活品質,
- (三) 協助耆齡或新遷入社區人士之適應.
- (四) 通過藝術, 文化, 健身, 教育, 與社交活動, 以培養社區人士之情誼,
- (五) 從事慈善, 教育, 與社區活動.

康鶴耆英中心目前採非會員制, 凡年在五十歲以上社區耆齡人士, 不分種族背景, 均歡迎參與本中心所舉辦之活動. 本中心租用 Alamo 婦女俱樂部做為舉辦活動與課程之場所. 康鶴耆英中心歡迎社區人士與中心聯絡, 詢問, 並提供寶貴意見.

### Operation:

Executive Director: Butterfly Lin  
Deputy Director: James Chen  
Committee Chairs:  
Activity: Gina Sun  
Caring: Eleanor Chen  
Curriculum: Fragrance Liu  
Finance: Amy Huang  
Front Desk: James Chen  
Fund Raising: Joyce Cheng  
Participating: Mayshu Shiow  
Publicity: Yeao-Nan Hsieh  
Alcosta Senior & Community Center  
Liaison: Jason Wu

## 課程活動項目 (星期一, 星期二)

太極拳, 元極舞, 關節操, 卡拉 OK, 講座, 攝影, 國畫班, 書法欣賞, 聯誼會, 合唱團, 摺紙, 學做菜, 排舞, 音樂教室, 舞蹈研習, 及瑜珈伸展.



### Programs/Classes (Monday & Tuesday)

Tai chi, Yuan-Ji Dance, Karaoke, Brush Painting, Calligraphy Appreciation, Photography, Chorus, Monthly Potluck, Cooking, Origami, Line Dance, Seminars (Literature etc.), Dance & Music Workshops, & Yoga Stretch.

