



好消息

康鶴健行會將於三月份成立

鼓勵大家走向戶外走出愉快的身心並由此活動促進會員之間友誼交流。

Promote members interest for healthy outdoor activities and develop social exchange among members.

活動時間定為每月第三個星期五早上九點至十二點。活動地點由每月領隊自行安排。

Monthly event is scheduled for third Friday of each month from 9:00 a. m. to 12:00 a. m. Walking routes will be determined by monthly walking leader.

有興趣的康鶴中心會員請向康鶴中心直接報名參加。

Signup at Golden Crane Senior Center is required

會長(President): 魯肇煌(Stephen Lu) 925-838-1259

副會長(Vice President): 吳雪芳(Fragrance Liu)925-930-8585