



康鶴耆英中心 Golden Crane Senior Center

Class Schedule for June, 2014 六月課程表

5/20/2014

	Monday 星期一		Tuesday 星期二
9:00- 10:25 Kitchen	音樂教室 Music Workshop Ukulele for Beginners, 1st Class 6/16 陳蕙玫 Rose Chen	9:00- 9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang
9:30-10:25	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu	10:00-10:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
10:30-12:20 Kitchen	國畫 Chinese Brush Painting (6/9, 6/16, 6/23) 溫陳麗玉 Julia Wen	9:00-11:00 Kitchen	6/3: 康鶴攝影社 Golden Crane Camera Club
10:30-1:35	卡拉 OK -Karaoke (6/9, 6/16, 6/23) 蔡溫純 Wendy Lee	11:00-12:30	6/3: 許國衡 Patrick Hsu - 時事座談 6/10: 王大莊 John Wang - 古典音樂欣賞 Music Appreciation - Famous Opera Arias
12:30- 2:00 Kitchen	6/9: 書法 Calligraphy -KC Sun 孫國忠 6/16: 摺紙 Origami - 陳恩貝 Betty Kung 6/23: 書法 Calligraphy -KC Sun 孫國忠	Lecture 講座	6/17: 電影欣賞 - 獻給愛妻的歌 Song for Marion 6/24: 伊斯曼- 伊斯曼時間
6/2 10:30-1:30	慶生聯歡會 (聚餐) Monthly Birthday Potluck	10:00-10:55	6/10: Yolanda Banks-Wu 許毓玲 Blood Pressure Screening - 量血壓
Wenesday 6/18	Summer in the Park / Annual Picnic & Father's Day Celebration (Flyer attached, Sign-up required)		野宴及慶父親節 (細節請看海報, 需報名)
1:40-3:40	舞蹈研習 Dance Workshop 沈慧 Amy Jong	1:00-3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
3:45-4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05-4:45	排舞 Line Dance 黃婉美 Amy Huang

1, Classes are free for registered participants. 2, For more info: Call Butterfly Lin (925) 820-0500 or visit www.goldencrane.org. 3, Class schedule subjected to change.

- SPECIALS: 1, Tuesday 6/17: "Cooking 學做菜"(11:30 - 1:00), by Chris Ng 伍健勝 (Sign up needed, material fees apply)
 2, Friday 6/20: Monthly Hiking Meet 康鶴健行會 (9:00-12:00, Details to follow)
 3, Monday 6/30: Regular class will be held, no special event on this 5th Monday
 4, Tuesday 7/8: "Cookie Making "(10:00-12:00) by Guest instructor Dorie Hecker (Sign up needed, material fees apply)