



Class Schedule for November, 2014 十一月課程表

10/24/14

| | Monday 星期一 | | Tuesday 星期二 |
|----------------------------------|---|-------------------------|---|
| 9:00- 10:25 Kitchen | 音樂教室 Music Workshop Ukulele for Beginners, 陳蕙玫 Rose Chen | 9:00- 9:55 | 元極舞 Yuan-Ji Dance 江良慰 Theresa Wang |
| 9:30-10:25 | 室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu | 10:00-10:55 | 太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang |
| 10:30-12:20 Small Rm. | 國畫 Chinese Brush Painting 溫陳麗玉 Julia Wen | 9:00-11:00 Small Rm. | 11/4: 康鶴攝影社 Golden Crane Camera Club |
| 10:30-1:35 | 卡拉OK - Karaoke (11/10, 11/17, 11/24) 蔡溫純 Wendy Lee | 11:00-12:30 | 11/4: 許國衡 Patrick Hsu - “天若有情天亦老”：談鬼才詩人李賀 11/11: 施梅 -旅遊攝影 “摩洛哥、撒哈拉印象” |
| 12:30- 2:00 Small Rm. | 書法 Calligraphy (11/10, 11/24) - KC Sun 孫國忠 摺紙 Origami (11/17) - 陳恩貝 Betty Kung | Lecture 講座 | 11/18: 周滌梅 Judy Sims - "How to sing beautifully" 如何把歌唱的優美 11/25: 伊斯曼- 伊斯曼時間 |
| 11/3 10:30-1:30 | 慶生聯歡會 (聚餐) Monthly Birthday Potluck | 10:00-10:55 | 11/11: Yolanda Banks-Wu 許毓玲 Blood Pressure Screening - 量血壓 |
| 1:40-3:40 | 舞蹈研習 Dance Workshop 沈慧 Amy Jong | 1:00-3:00 | 合唱團練習 Chorus 魯肇煌 Stephen Lu |
| 3:45-4:50 | 瑜珈伸展 Yoga Stretch 吳雪芳Fragrance, 翁惠美 May, 陳蕙玫 Rose | 3:05-4:45 | 排舞 Line Dance 黃婉美 Amy Huang |

1, Classes are free for registered participants. 2, For more info: Call Butterfly Lin (925) 820-0500 or visit www.goldencrane.org. 3, Class schedule subjected to change.

Friday: 11/21: 9:00 -12:00 Monthly Hiking Meet 康鶴健行會 (Details to follow)

Tuesday: 11/11 and 11/25: 10:00 -12:00 Theater Reader Group (10/28 Audition)

Tuesday: 11/11 and 11/25: 3:00 - 4:45 Drawing/Sketch Class 素描 (10/28 orientation. Details to follow)