



康鶴耆英中心 Golden Crane Senior Center

Class Schedule for April, 2015 四月課程表

3.24.2015

	Monday 星期一		Tuesday 星期二
9:00-9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00-9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00- 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00-10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00-11:55	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00-10:45 Small Rm.	4/7: 康鶴攝影社 Golden Crane Camera Club 4/14: "Readers' Theater 閱讀劇場" - 沉浮 Teresa Yu. 4/21: "Readers' Theater 閱讀劇場" - 沉浮 Teresa Yu. 4/28: Book Club Monthly Meet - 許國衡 Patrick Hsu
12:00-3:25	卡拉OK - Karaoke 蔡溫純 Wendy Lee	10:50-12:15	4/7: 許國衡 Patrick Hsu - 《長亭外，古道邊：談弘一法師李叔同》 4/14: 王大莊 John Wang- 談“茶花 培植及研發” 4/21: 白德群 Tom Pai - "漢武帝和他的女人們" 4/28: Eastman - “伊斯曼 時間”
12:30 -1:55 Small Rm.	4/13: 書法 Calligraphy - KC Sun 孫國忠 4/20: 摺紙 Origami - Betty Kung 陳恩貝 4/27: 書法 Calligraphy - KC Sun 孫國忠	Lecture 講座	
4/6/2015 11:30 -1:25	四月，五月 慶生聯歡聚餐 Birthday Celebration For April and May “Potluck” (\$7.00 for person w/o foods)	3:00-4:45 Small Room	易筋拍打 Gini Lau 劉曼雲
2:00 - 3:25 Small Rm.	Chinese Brush Painting 國畫 溫陳麗玉 Julia Wen	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
3:30-4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:55	排舞 Line Dance 黃婉美 Amy Huang

Specials:

- 1, Friday, 4/17 Hiking Club Monthly Meet 康鶴健行會 9:00 to 12:00 (Detail to follow)
- 2, Tuesday, 4/14 10:00-10:45 Blood Pressure Screening 量血壓 - Yolanda Banks-Wu

1, Classes are free for registered participants. 2, For more info- visit www.goldencrane.org. 3, Class schedule is subjected to change.

Location: 1401 Danville Blvd. Alamo CA