



康鶴耆英中心 Golden Crane Senior Center
Class Schedule for February, 2015 二月課程表

1/24/2015

	Monday 星期一		Tuesday 星期二
9:00-9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00-9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00- 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00-10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00-11:55 (10:00-11:25 on 2/16)	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00-10:45 Small Rm.	2/3: 康鶴攝影社 Golden Crane Camera Club 2/10: "Readers' Theater 閱讀劇場" - 沉浮 Teresa Yu. 2/17: "Readers' Theater 閱讀劇場" - 沉浮 Teresa Yu. 2/24: Book Club Monthly Meet - 許國衡 Patrick Hsu
12:00-3:25 (2/16 on 1:30-3:25)	卡拉OK - Karaoke 蔡溫純 Wendy Lee	10:50-12:15	2/3: 許國衡 Patrick Hsu “時事座談：新年展望--2015好過嗎？” 2/10: 魯肇煌 Stephen Lu - 桂樹飄香廣西尋勝,苗嶺飛瀑黔省搜奇 A Trip to Guang-Xi & Gui-Zhou in Fall 2014
12:30 -1:55 Small Rm.	2/2: 摺紙 Origami - Betty Kung 陳恩貝 2/9: 書法 Calligraphy – KC Sun 孫國忠 2/23 書法 Calligraphy – KC Sun 孫國忠	Lecture 講座	2/17: 白德群 Tom Pai – “和親史, 烏孫公主、王昭君” 2/24: Eastman - “伊斯曼 時間”
2/16/2015 11:30 -1:25	慶生及春節聯歡聚餐 Monthly Birthday \$ Chinese New Year Celebration – Potluck (see flyer)	3:00-4:45 Small Room	2/10, 2/17, 2/24 易筋拍打 (Sign up needed) Gini Lau 劉曼雲
2:00 - 3:25 Small Rm.	Chinese Brush Painting 國畫 溫陳麗玉 Julia Wen	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
3:30-4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:55	排舞 Line Dance 黃婉美 Amy Huang

Specials:

- 1, Friday, 2/20 Hiking Club Monthly Meet 康鶴健行會 9:00 to 12:00 (Detail to follow)
- 2, Tuesday, 2/10 10:00-10:45 Blood Pressure Screening 量血壓 - Yolanda Banks-Wu
- 3, **Tuesday, 2/24 11:30-1:00 “Cooking 學做菜” TBD 待定**

1, Classes are free for registered participants. 2, For more info- visit www.goldencrane.org. 3, Class schedule is subjected to change.
Location: 1401 Danville Blvd. Alamo CA