



康鶴耆英中心 Golden Crane Senior Center

9/5/15

Class Schedule for October, 2015 十月課程表 *

Monday 星期一		Tuesday 星期二	
9:00-9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00-9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00- 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00-10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00-11:55	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00-10:45 Small Rm.	10/6: 康鶴攝影社 Camera Club Monthly Meet 10/13: iPad/iPhone Workshop – 郭應強 Kenneth Kay 10/20: “Play Reading 劇本閱讀” - 沉浮 Teresa Yu. 10/27: Book Club Monthly Meet - 許國衡 Patrick Hsu
10:30-12:25 Small Rm.	素描 Sketch 王萬淙 Frank Wang	10:50-12:15	10/6: Camera Club: Exhibitions of Costal Trail Hiking Photos 10/13: Croatia Trip Report – Patrick & Fragrance
12:00-3:25	卡拉OK - Karaoke 蔡溫純 Wendy Lee	Lecture 講座	10/20: 白德群 Tom Pai - 10/27: 魯肇煌 Stephen Lu My Sicily, Malta, Greece, Montenegro, and Croatia Trip
12:30 -1:55 Small Rm.	10/12 & 10/26 書法 Calligraphy - KC Sun 孫國忠 10/19: 摺紙 Origami - Betty Kung 陳恩貝	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu 10/6 “Chorus and Camera Club Joint Event” (See Special Below)
2:00 - 3:25 Small Rm.	Chinese Brush Painting 國畫 溫陳麗玉 Julia Wen	3:05 - 4:50 Small Room	易筋拍打 Gini Lau 劉曼雲
3:30-4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:50	排舞 Line Dance 黃婉美 Amy Huang

Specials:

1, 10/6 Tuesday (11:00 - 3:00) - “Chorus and Camera Club Joint Event” “海灣健行”作品展覽及秋季音樂發表會 (See Flyer)

2, 10/16 Friday (9:00 -) - Hiking Club Monthly Meet 康鶴健行會 (Details to follow)

1, Classes are free for registered participants. 2, For more info- visit www.goldencrane.org. 3, Class schedule is subjected to change.