



康鶴耆英中心 Golden Crane Senior Center

Class Schedule for December, 2016 十二月課程表

Monday 星期一		Tuesday 星期二	
9:00 - 9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00 - 9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00 - 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00 -10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00 -11:55	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00 -10:45 Small Rm.	12/6: Camera Club Monthly Meet 12/13: Monthly Committee Meeting 幹事會 (9:30-10:45) 12/20: "Drama 戲劇" - 沉浮 Teresa Yu. 12/27: Book Club Monthly Meet - 許國衡 Patrick Hsu
10:30 - 12:00 ***** 12:30 -1:55 Small Room	12/12 & 12/26: 人像素描 Portrait Sketch 王萬淙 Frank Wang, ***** 12/12 & 12/26: 書法 Calligraphy - 孫國忠 KC Sun 12/19: 摺紙 Origami - 陳恩貝 Betty Kung	10:50 -12:15 Lecture 講座	12/6: 許國衡 Patrick Hsu - 《時事座談：變天了--美國何去何從？》 12/13: 施梅 Mei Shi" 旅游攝影-馬達加斯加探密之旅" 12/20: 白德群 Tom Pai - "文氣說 - 陰柔與陽剛". 12/27 "伊斯曼 時間" - Eastman
12:00 - 3:25	卡拉OK - Karaoke 蔡溫純 Wendy Lee	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
2:00 - 3:25 Small Rm.	12/5 "嶺南派國畫講座" 鍾維君 James Chung 12/12, 12/19, & 12/26 Chinese Brush Painting 國畫 溫陳麗玉 Julia Wen	3:05 - 4:50 Small Rm.	易筋拍打 劉曼雲 Gini Lau
3:30 - 4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:50	排舞 Line Dance Grace Chiu, Meiwen Chang & Lily Ma.

[Special]

Dec.4 Sun.: GCSC Fund Raising Event 5:00-10:00

Dec. 2 Fri.: Hiking Club Monthly Meet 康鶴健行會 [Details will be emailed to hiking members later]

Classes are free for registered members. 2, For more info- visit www.goldencrane.org. 3, Class schedule is subjected to change.