



# 康鶴耆英中心 Golden Crane Senior Center

1/23/16

## Class Schedule for February, 2016 二月課程表

	<b>Monday 星期一</b>		<b>Tuesday 星期二</b>
9:00-9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00-9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00- 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00-10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00-11:55	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00-10:45 Small Rm.	2/2: 康鶴攝影社 Camera Club Monthly Meet 2/9: Monthly Committee meeting 幹事會 2/16: "Drama 戲劇" - 沉浮 Teresa Yu. 2/23: Book Club Monthly Meet - 許國衡 Patrick Hsu
<b>Monday 2/8 9:00 -4:30</b>	<b>春節聯歡 Chinese New Year Celebration Buffet Lunch</b> Member - \$10.00, Guest - \$12.00 (Flyer Posted at the Center & GCSC website)	10:50-12:15 Lecture 講座	2/2: 許國衡 Patrick Hsu – 《時事座談：從“變天”了以後的臺灣講起》 2/9: 陳正炘 Bob Chen - "Out of Africa", 旅遊報導：“出非洲記” 2/16: 白德群 Tom Pai – “蘇東坡在黃州(三之一)” 2/23: “伊斯曼 時間” - Eastman
12:00-3:25	卡拉OK - Karaoke 蔡溫純 Wendy Lee	12:15 -1:00	<b>Lunch Break</b>
12:30 -1:55 Small Rm.	2/15 & 2/29 書法 Calligraphy - KC Sun 孫國忠 2/22: 摺紙 Origami - Betty Kung 陳恩貝	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
2:00 - 3:25 Small Rm.	Chinese Brush Painting 國畫 溫陳麗玉 Julia Wen	3:05 - 4:50 Small Rm.	<b>易筋拍打</b> Gini Lau 劉曼雲
3:30-4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:50	排舞 Line Dance Grace Chiu, Meiwen Chang & Lily Ma.

### Specials:

- 1, 2/1/16: Monday (10:30 - 12:00) Small Room- "Portrait Sketch" by Frank Wang, "人像素描" - 王萬淙
- 2, 2/15/16: Monday (10:30 - 12:00) Small Room- "Story to Share" "聽我說故事" (To be monitored by Ping Chi)
- 3, 2/19/16: Friday (9:00 - ) - Hiking Club Monthly Meet 康鶴健行會 (Details to follow)
- 4, 2/22/16 Monday (10:30 - 12:00) Small Room - "Portrait Sketch" by Frank Wang, "人像素描" - 王萬淙

Classes are free for registered members.

2, For more info- visit [www.goldencrane.org](http://www.goldencrane.org).

3, Class schedule is subjected to change.