



康鶴耆英中心 Golden Crane Senior Center

Class Schedule for June, 2016 六月課程表

	Monday 星期一		Tuesday 星期二
9:00-9:55	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00-9:55	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00- 10:25 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00-10:45	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu
10:00-11:55	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00-10:45 Small Rm.	6/14: Monthly Committee Meeting 幹事會 (9:30-10:45) 6/21: "Drama 戲劇" - 沉浮 Teresa Yu. 6/28: Book Club Monthly Meet - 許國衡 Patrick Hsu
12:00-3:25	卡拉OK - Karaoke 蔡溫純 Wendy Lee	10:50-12:15 Lecture 講座	6/7: 許國衡 Patrick Hsu – 《時事座談：“孰吉孰凶？何去何從？”》 6/14: Dr. Philip Yang (楊磊醫師) 養身系列: 夏季養心 (See Flyer) 6/21: 白德群 Tom Pai - “杜甫七律” 6/28: “伊斯曼 時間” - Eastman
12:30 -1:55 Small Rm.	6/13 & 6/27 書法 Calligraphy - KC Sun 孫國忠 6/20: 摺紙 Origami - Betty Kung 陳恩貝	1:00 - 3:00	合唱團練習 Chorus 魯肇煌 Stephen Lu
2:00 - 3:25 Small Rm.	Chinese Brush Painting 國畫 溫陳麗玉 Julia Wen	3:05 - 4:50 Small Rm.	易筋拍打 Gini Lau 劉曼雲
3:30-4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:50	排舞 Line Dance Grace Chiu, Meiwen Chang & Lily Ma.

Specials:

- 1, 6/3/16: Friday - Hiking Club Monthly Meet 康鶴健行會 (Details to follow)
- 2, 6/15/16: Wednesday - Mid-Summer Picnic 仲夏野宴 (Flyer Attached)
- 3, 6/15/16: Wednesday - Camera Club Photo Outing 康鶴攝影社外拍 (Lead by Bob Chen, Details to follow)
- 4, 6/20/16 Monday - Story to Share by EY Chen 聽我說故事 (10:30 – 12:00, Flyer Attached)

Classes are free for registered members. 2, For more info- visit www.goldencrane.org. 3, Class schedule is subjected to change.