



2018年5月課程表 Class Schedule for May 2018 (GCSC Web Site - www.goldencrane.org)

星期一 Monday		星期二 Tuesday	
9:00 - 9:50	元極舞 Yuan-Ji Dance 江良慰 Theresa Wang	9:00 - 9:50	太極拳 Tai-Chi 雷錦森 Samuel Louis, 鄭秀美 Gloria Wang
9:00 - 10:20 Small Rm.	音樂教室 Music Workshop Rose Chen, Chester Chang	10:00 -10:40	室內步行/韻律操 Indoor walking/Aerobic 袁翔文 H.W. Cheng, 王幼薇 Gina Hsu, Janice Loo
10:00 -11:50	舞蹈研習 Dance Workshop 沈慧 Amy Jong	9:00 -10:40 Small Rm.	5/1: 康鶴攝影會 Camera Club (see the footnote below) 5/8: 幹事會 Monthly Committee Meeting (9:30-10:40) 5/15: 戲劇 Drama - 沉浮 Teresa Yu. 5/22: 閱讀會 Book Club Monthly Meet - 許國衡 Patrick Hsu
10:30 - 11:55 Small Room	5/14 & 5/28: 人像素描 Portrait Sketch 王萬淙 Frank Wang	10:50 -12:10	5/1: 時事講座“山雨欲來風滿樓” - 許國衡 Patrick Hsu 5/8, 5/15, 5/22 & 5/29: 易筋拍打 - 劉曼雲 Gini Lau
12:30 -1:50 Small Room	5/21: 摺紙 Origami - 陳恩貝 Betty Kung	10:50 -12:10 Small Rm.	5/22: 伊斯曼時間 - Eastman
12:00 - 3:20	卡拉 OK Karaoke - 蔡溫純 Wendy Lee	12:20 -12:50	午餐時間 Lunch Time
1:00 - 3:00 & 1:30 - 3:20 & 2:00 - 3:20 Small Room	5/14 & 5/28 (1:00 - 3:00): 書法 Calligraphy 孫國忠 KC Sun  5/7 (1:30 - 3:20) & 5/21 (2:00 - 3:20): 國畫 Chinese Brush Painting 鍾維君 James Chung	1:00 - 2:55	合唱團練習 Chorus 魯肇煌 Stephen Lu
3:30 - 4:50	瑜珈伸展 Yoga Stretch 吳雪芳 Fragrance, 翁惠美 May, 陳蕙玫 Rose	3:05 - 4:50	排舞 Line Dance Grace Chiu, Meiwen Chang, Lily Ma & Hanna Fong

**星期二 Tuesday 5/1/2018 (9:15 - 11, small room) : Workshop "Take photograph & video with iPhone" by Kenneth Kay (see flyer)**

**星期三 Wednesday 5/2/2018:**

09:50 - 10:50 易筋拍打 (劉曼雲 Gini Lau)

11:00 - 12:00 初級班排舞 **Beginners Line Dance** (陸培恩 Grace Chiu)

12:30 - 04:30 慶祝母親節父親節&5月6月慶生 **Celebration of Mothers/Fathers Day & May/June Birthday Party** (見海報 see flyer)

**星期五 Friday 5/11/2018: 康鶴健行會每月健行 Hiking Club Monthly Meet (電郵通知會員 Email notification to club members).**